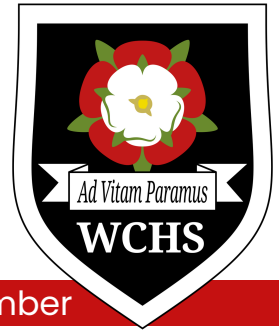


WEST CRAVEN HIGH SCHOOL NEWSLETTER



Principal's Welcome

Friday 11th September

Dear Parents / Carers

It's only right to start the new academic year by recognising the achievements of the Year 11s that completed their exams and their journey with us in the summer 2026. It was lovely on results day to see so many students opening the results they thoroughly deserved, with many of our Year 11s getting the results they needed to pursue their chosen next steps. Ultimately, this is the purpose of everything we do in school, which is embodied in our school motto 'Ad Vitam Paramus', meaning 'We are preparing for life'. We are already talking to the current Year 11 and Year 10 about how important the year ahead is. Success doesn't come from waiting until study leave to focus on your outcomes, success starts in Year 7, or even at Primary School. It's about making every day, every lesson, every minute count! I wish our Class of 26 every success for the future, and I look forward to seeing them at the Star Awards later this term.

It has also been wonderful to welcome our new Year 7s, who looked very smart in their new uniforms, ready to begin the next stage of their journey in education with us. My message was clear; We want the best outcomes for our students, as this makes more opportunities available to them. Whatever success looks like for your child, we want them to achieve it during their 5 years with us! There will be lots of extra-curricular experiences and trips for your child to get involved in this year, as we want to create well-rounded individuals, who feel that they belong to our community; that this is their school. We want every child to achieve success, belong and thrive at West Craven High School.

A reminder that we are a mobile phone free school. The Government have made it law that mobile phones and any other personal internet device are banned in school. We have always been a mobile free school. We agree that there is no place for them in the school day; They are a distraction and can cause more harm than good! Therefore, if students bring their phones, they will be locked away in purpose-built cabinets in each form room. They can collect them at the end of the day. If they are found with a mobile phone this will be taken from them and parents will have to collect them from the main office. This is to comply with the new legislation, but it also to keep our young people safe and to ensure that they are focusing on learning and developing.

The vast majority of our students look fantastic in their uniform. There are some issues with a small minority of our students. If you receive a letter and phone call next week, please work with us to help us address the issue and ensure that all of our learners are meeting our expectations and are prepared for school. Wearing the uniform is part of being a member of the West Craven High School community. We are proud of our school and our children. We want them to wear the uniform with pride and represent our school in the local community.

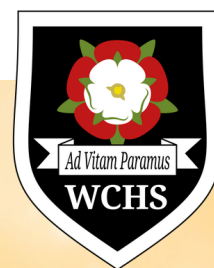
I am looking forward to the year ahead, as we work together to achieve great things for all of the students at West Craven. A year of making it count! Thank you for your continued support.



Mr Bates, Principal



STARS OF THE WEEK



7

7ABA - Scarlett
7EEV - Matilda
7SHO - Robbie
7DWI - Isaac
PYL - Scarlett & Archie

8

8JPE - Louie
8MFO - Talha
8YGR - Daisy
8OCA - Marcus
PYL - Summer

9

9EAJ - Ava
KSN - Corey
RSW - Thomas
NHU - Blake
Lucy - PYL

10

WDA - Frankie
HWH - Shakira
SAH - Harry
AYO - Mohammed
PYL - Ely

11

ECU - Reuben
MTV - Casey
DRA - Suhail
API - Mason
PYL - Lexsey

Congratulations to this week's top students from each form group.



PASTORAL UPDATE YEAR 7

Year 7 Off to a Fantastic Start!

Our Year 7 students have made an exceptional start to life at high school, and we could not be prouder of them. Starting secondary school is a significant milestone, bringing new routines, new teachers, new friendships and a much bigger environment to navigate. However, our Year 7s have embraced this exciting new chapter with enthusiasm, confidence and maturity beyond their years.

From the moment they arrived, they have impressed staff with their smart appearance, positive attitude and excellent behaviour. Teachers have been quick to praise their lovely manners, kindness and willingness to get involved. It has been wonderful to see students approaching each day with such positivity and resilience as they settle into their new school community.

One of the greatest achievements has been the way they have adapted so quickly to the demands of high school life. Learning a new timetable, finding classrooms across the school and getting to lessons on time are all challenges that can feel daunting at first, yet Year 7 have risen to them brilliantly. They have shown great independence, confidently asking questions and seeking help whenever they need it, demonstrating a maturity that has impressed everyone around them.

This week, students had their school photographs taken, marking another special milestone in what we hope will be a happy and successful high school journey. Seeing their smiling faces in their new uniforms was a wonderful reminder of just how far they have come in such a short time.

We are delighted with the way Year 7 have begun the year. They have represented themselves, their families and their primary schools with pride, and they should be incredibly proud of all they have achieved already. The future is bright for this fantastic year group, and we are excited to watch them grow in confidence, develop new talents and make lasting memories over the next five years.

Well, done, Year 7. You have made a tremendous start, and we are so proud of you!

Mrs Harper and Mrs Freeman



CHANGES TO FREE SCHOOL MEALS

Important Information for All Families about changes to Free School Meals

Firstly, if your child is already receiving Free School Meals and is now in Years 8-11 in September, there is nothing you need to do. The Local Authority already holds your information and will automatically check your child's eligibility ahead of their return to school in September 2026.

If your child has not been receiving a free school meal, please read the information below. From September 2026, the Government is extending eligibility for Free School Meals. This means that more families may now qualify for support, even if they have not previously been eligible. You can find out if you are eligible here:

https://www.lancashire.gov.uk/schools-and-education/free-school-meals/#2.-eligibility_

-
What this means for you

- If your household income is lower, your child may now be entitled to free school meals at school

What you need to do

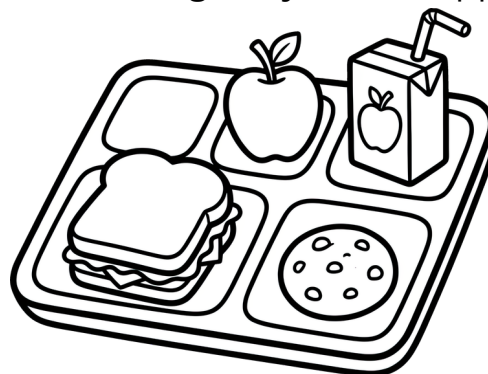
- If you think you may now be eligible, we strongly encourage you to submit an application before the start of the academic year.
- Applications are quick, confidential and securely processed. You can apply online here: https://www.lancashire.gov.uk/schools-and-education/free-school-meals/#3.-apply_
- If your child is already receiving Free School Meals, you do not need to reapply

Why it's important to apply

- Ensures your child receives all the support they are entitled to
- Helps the school access additional funding to support pupils
- May provide access to further support, such as help with trips or activities

If you would like further information or support with your application, please contact the school office by email to enquiries@colneprimet.co.uk

We encourage all families to take a few minutes to check their eligibility – this support can make a real difference.



INTRODUCING OUR NEW CATERING SUPPLIER :MELLORS



GET

Mellors
**FOOD
Happy**



Dear Parent/ Carer,

We're super excited to be joining **Colne Primet** as your new catering team, serving up delicious school meals packed with great food, big flavours and plenty of choice!

WHO ARE WE?

We're a family-run, award-winning catering company, serving up more than 150,000 delicious meals every day! From locally sourced ingredients to freshly prepared dishes, we're passionate about making food fresh, tasty and full of goodness - because when the food is good, everyone can be... Food Happy!

WHAT TO EXPECT...

MELLORS MAKING A DIFFERENCE

Mellors not only serves up tasty plant-based meals—we're also committed to the planet. That's why we cut down on packaging, use recycled materials, and opt for fully compostable options.

FREE SCHOOL MEALS UPDATE

All households receiving Universal Credit will be able to access free school meals (previously capped at £7,400 income).

SAVE up to £495 per year, per child with school lunches!



FUEL YOUR DAY

New breakfast and break snacks to help you fuel up before school.

HAVE YOUR SAY!



Your voice is important to us and we're on the lookout for School Food Ambassadors to help us monitor the offer and taste new dishes. Got what it takes? Let your catering team know!

Explore our "Crafted by Mellors" range, inspired by 180 years of unique foodie heritage.

LOYALTY SCHEMES:

The more you choose to enjoy a Mellors meal with us, the more tasty freebies you'll earn!

Take your tastebuds on an adventure around the globe with Mellors Tuk Truck!



See you soon!

The Mellors Catering Team

www.mellorscatering.co.uk



www.westcraven.co.uk



westcravenhighschool



westcraven.barnoldswick

INTRODUCING OUR NEW CATERING SUPPLIER MELLORS

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish		Halal Beef Bolognese with Spaghetti & Garlic Bread	Pork or Halal Chicken Sausage & Creamy Mash Potato with peas & Gravy	Oven Roast Chicken with Roast Potatoes, Mixed Veg, Yorkshire Pudding & Gravy	Chicken Tikka Masala with Basmati Rice & Garlic Naan	Jumbo Sausage & Chunky Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Vegetarian Main Dish		Quorn Bolognese with Spaghetti & Garlic Bread	Veggie Sausage & Creamy Mash Potato with Sweetcorn & Gravy	Roasted Quorn Fillet with Roast Potatoes, Mixed Veg & Gravy	Vegetable Korma with Basmati Rice & Garlic Naan	Crispy Battered Pollock & Chunky Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Street Eats		Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)
Pasta Bar		Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce
Sandwich Bar		Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes
Sweet Eats		Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot

KEY 5 1 OF YOUR 5 2 DAY MEAT-FREE (VEGETARIAN) CHEF'S CHOICE PLANT-BASED (VEGAN) Mellors FOOD HAPPY

Allergens and Intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish		BBQ Chicken & Sweetcorn Pizza with Home Baked Potato Wedges	Oven Baked Cottage Pie with Peas, Carrots & Gravy	Oven Roast Halal Beef with Roast Potatoes, Mixed Veg, Yorkshire Pudding & Gravy	Chicken Chow Mein with Prawn Crackers	Halal Battered Chicken Nuggets & Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Vegetarian Main Dish		Margharita Pizza with Home Baked Potato Wedges	Oven Baked Quorn Cottage Pie with Peas, Carrots & Gravy	Roasted Quorn Fillet with Roast Potatoes, Mixed Veg & Gravy	Vegetable Chow Mein with Prawn Crackers	Crispy Fish Cake & Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Street Eats		Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)
Pasta Bar		Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce
Sandwich Bar		Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes
Sweet Eats		Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot

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	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish		Cajun Chicken Pasta with Roasted Peppers & Garlic Bread	Home Made Halal Beef & Onion Pie with Roasted Broccoli	Oven Roast Halal Turkey with Roast Potatoes, Mixed Veg, Yorkshire Pudding & Gravy	Chinese Chicken Curry with Rice & Salt n Pepper Green Beans	Halal Battered Chicken Nuggets & Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Vegetarian Main Dish		Maccaroni & Cheese with Peas & Garlic Bread	Cheese & Onion Pie with Roasted Broccoli	Roasted Quorn Fillet with Roast Potatoes, Mixed Veg & Gravy	Chinese Veg Curry with Rice & Salt n Pepper Green Beans	Crispy Fish Fingers & Chips Served with Beans, Mushy Peas, Gravy or Curry Sauce
Street Eats		Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)	Variety of Chicken / Beef Burger, Chicken Wrap or Pizza Slice Baked Jacket Potato with Filling (cheese, tuna, beans)
Pasta Bar		Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce	Freshly Cooked Pasta Twirls With a Choice of Sauce
Sandwich Bar		Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes	Selection of Freshly Made Sandwiches & Crunchy Baguettes
Sweet Eats		Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot	Selection of Home Bake Cakes, Muffins & Cookies Assorted Fruit Pot

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CURRICULUM UPDATE MATHS

We are delighted to welcome students back for the start of a new academic year in Maths. Students across all year groups have made a positive start to their learning and are already developing the mathematical skills, knowledge and confidence needed for success this year. We look forward to supporting all students as they continue to grow as mathematicians.

Year 7 are currently studying sequences, where they are learning to identify patterns, predict future terms and develop rules to describe number sequences. This topic encourages logical thinking and helps students make important links between number and algebra.

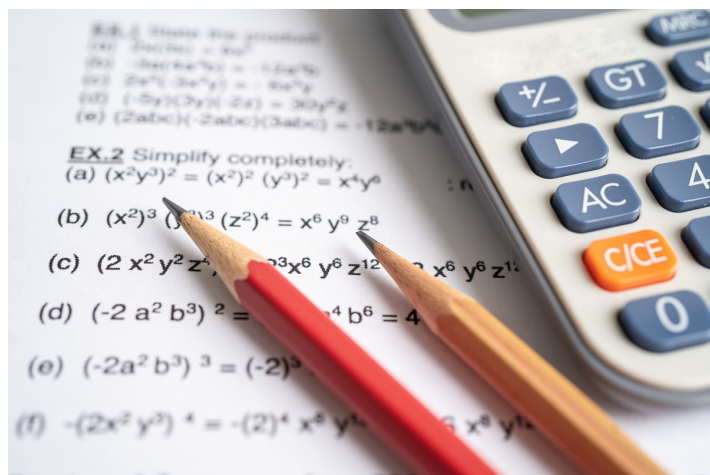
Year 8 are focusing on ratio and proportion, developing their understanding of how quantities compare and relate to one another. Students are applying these skills to a variety of real-life contexts, helping them to build confidence in solving practical problems involving scaling, sharing and proportional reasoning.

Year 9 are exploring properties of number, strengthening their understanding of factors, multiples, prime numbers and surds. This topic provides an important foundation for more advanced mathematical concepts and helps students develop fluency and accuracy when working with numbers.

Year 10 have begun the year studying algebraic manipulation, building upon the algebra skills developed in Key Stage 3. Students are simplifying expressions, expanding and factorising brackets, and solving increasingly complex problems. These are key GCSE skills that underpin many areas of the Mathematics curriculum.

Year 11 are currently focusing on ratio and proportion, revisiting and extending their understanding of direct and inverse proportion, conversions and exchange rates. Mastering these concepts is essential for GCSE success and supports students in tackling a wide range of exam-style questions with confidence.

We encourage all students to engage fully in lessons, complete independent practice where possible and seek support whenever needed. We look forward to celebrating their progress and achievements throughout the year and wish them every success in the months ahead.



COMMANDO JOE'S MENTORING TRIAL

Commando Joe's Mentoring Trial Launches for Year 9 Students

We are pleased to be launching an exciting new mentoring initiative led by Brannan Dresser, designed to support the personal development and wellbeing of a group of Year 9 students. As part of the programme, Brannan will work with 24 Year 9 students every Wednesday during Periods 1 to 4 in the Hall. Students will initially take part in one-to-one mentoring sessions before progressing to small group activities of six students, providing opportunities to build confidence, develop teamwork skills, and engage in a range of motivating and interactive challenges.

Students selected to participate will receive notes in their form trays outlining when they are required to attend sessions in the Hall. Staff are asked to be aware that participating students may be absent from lessons during these periods. To support attendance monitoring, Brannan will send an attendance email approximately five minutes into each session, confirming which students have arrived.

The main aim of this trial is to evaluate the impact of the Commando Joe's intervention on students' self-regulation skills. This includes helping students to manage their emotions effectively, maintain focus, work towards goals, make thoughtful decisions, and respond positively to challenges.

We look forward to seeing the positive impact this programme has on our students and will share updates as the trial progresses.

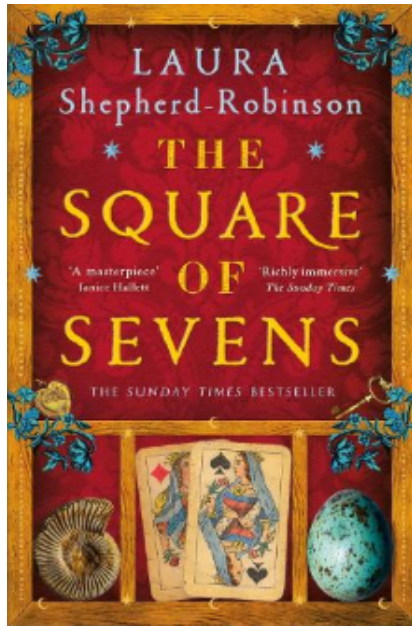


COMMANDO JOE'S



Education
Endowment
Foundation

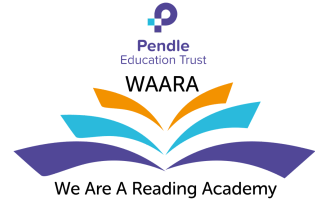




The librarian loves *The Square of Sevens* by Laura Shepherd-Robinson. This book is set in Georgian times and tells the story of a disputed inheritance. The story is full of twists and turns, and it has me completely hooked.

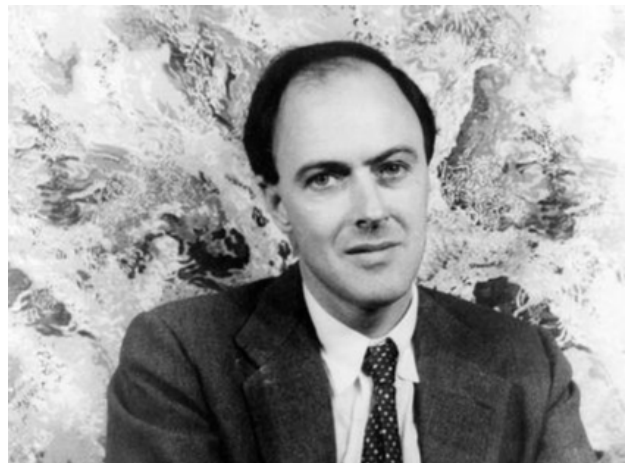
Word of the Week

Transition is a noun meaning a change from one form or type, or the process by which this happens. Our year 7 pupils have recently transitioned from primary school to our school.



A new academic year means new books have arrived in the library. There are lots of exciting reads to choose from: funny books, scary books and sad books. We want all our children to be able to enjoy reading, and to help our developing readers, we have books available in dyslexia friendly font and large print. Please contact the library if you have any queries regarding accessible texts.

Roald Dahl Roald Dahl was a spy, fighter pilot and an inventor. However, he is most well-known for his irreverent children's books, which include *Matilda* and *Charlie and the Chocolate Factory*. His books can be found in the school library. Roald Dahl Day is celebrated on the 13th of September, which is his birthday.





Safeguarding Team

If you don't feel safe or you're worried about another student, our Safeguarding team is here to help. Come and find us anytime!



Mrs A Smith
Deputy Principal and
Designated Safeguarding Lead



Mrs L Harper
Pastoral Year Lead and
Safeguarding Lead



Mrs N Freeman
Pastoral Year Lead and
Safeguarding Lead



Miss H Janjua
Pastoral Year Lead and
Safeguarding Lead



Mrs D Gartland
Attendance Officer
Deputy Safeguarding Lead

#ASPIRE



Pendle
Education Trust



**Thursday 1st
October 6pm - 8pm**

**OPEN
EVENING**

**SAVE
THE DATE**



01282 812292

WestCraven.Barnoldswick



West Craven High School

Book your tickets now www.westcraven.co.uk

COLLEGE OPEN EVENTS



ncc.
Nelson & Colne
College

A LEVEL OPEN EVENT

SAT 26 SEP

NCC OPEN EVENTS

THUR 8 OCT

TUES 10 NOV

**JOIN US AT OUR
OPEN EVENTS**

REGISTER NOW! SEARCH "NELSON AND COLNE COLLEGE"



arc.
Accrington
& Rossendale
College

**JOIN US AT OUR
OPEN EVENTS**

THUR 1 OCT

TUES 17 NOV

REGISTER NOW! SEARCH "ACCRINGTON & ROSSENDALE COLLEGE"



www.westcraven.co.uk



[westcravenhighschool](#)



[westcraven.barnoldswick](#)

CRAVEN COLLEGE OPEN EVENING DATES

Skipton Open Evening – Monday 5 October 2026

Registrations open now via: Open Evening (Skipton) <https://www.craven-college.ac.uk/event/open-evening-skipton/>

Aviation Academy Open Evening – Wednesday 7 October 2026

Registrations open now via: Open Evening (Aviation Academy) – Craven College

Aviation Academy Open Evening – Thursday 8 October 2026

Registrations open now via: Open Evening (Aviation Academy) – Craven College

Aviation Academy Open Evening – Wednesday 14 October 2026

Registrations open now via: Open Evening (Aviation Academy) – Craven College

Skipton Open Evening – Wednesday 18 November 2026

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Aviation Academy Open Evening – Wednesday 25 November 2026

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Aviation Academy Open Evening – Thursday 26 November 2026

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Skipton Open Morning – Saturday 16 January 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Aviation Academy Open Evening – Wednesday 20 January 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Year 11 Taster Morning – Friday 29 January 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Aviation Open Evening – Wednesday 17 March 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Skipton Open Evening – Monday 14 June 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events

Aviation Open Evening – Wednesday 16 June 2027

Registrations coming soon, the most up to date information can be found via: www.craven-college.ac.uk/events



EXTRA CURRICULAR – AUTUMN TERM 1

We are pleased to share details of our Autumn Term 1 extracurricular programme, which offers a wide range of lunchtime and after-school clubs designed to enrich students' learning and support their personal development.

This half-term, students can take part in a variety of activities including Homework Support Club, Stage Door Drama Group, Cricket, Rounders, Imogen's Dance School, Band Club, and many more. These opportunities give students the chance to develop new skills, explore their interests, and build confidence outside the classroom.

All students who attend extracurricular activities will receive positive points on ClassCharts, recognising their commitment and participation. In addition, students who regularly attend clubs throughout the term will be awarded a certificate at the end of the term to celebrate their involvement.

We encourage all students to get involved and make the most of the fantastic opportunities available.

West Craven High School Lunchtime Clubs					
MON	TUE	WED	THU	FRI	
Library Years 10 & 11	 Library Years 7,8, & 9	Library Years 7,8, & 9	Library Years 7,8, & 9	Library Years 10 & 11	
	Choir Lunch time Room G8 Mrs Swinscoe & Mr Gilmour	Computing All Years Room G11			
					



EXTRA CURRICULAR – AUTUMN TERM 1

West Craven High School (Autumn Term 1)

After School Clubs



MON	TUE	WED	THU	FRI
Design Technology Room G7 				Art Room M10 
Year 10&11 Football Mr Wilson 3G Pitch 	YR 7 Football 3G Pitch Mr Foulds 		Year 8&9 Football Mr Cameron 3G Pitch 	
French Club Room G3 KS3 &4 	Amy's Dance Club Gym 		STEM Club Room G9 	
Library Homework club	Library Homework club	Library Homework club	Library Homework club	
Badminton Sports Hall Mr Wilson 	Band club Main Hall Mrs Swinscoe & Mr Gilmour 		SEN Homework Club Room G6 	
Year 7,8 & 9 Netball 3G Pitch A Bateman 			Crochet for beginners Room G6 	



AFTER SCHOOL CLUBS – AUTUMN TERM 1



LEARN TO DANCE AT WEST CRAVEN HIGH SCHOOL

EVERY TUESDAY 3:30PM - 4:30PM- VENUE: GYM

SIGN UP TODAY

FREE



email: office@westcraven.co.uk

Places are limited, open to all year groups



www.westcraven.co.uk



[westcravenhighschool](https://www.facebook.com/westcravenhighschool)



[westcraven.barnoldswick](https://www.instagram.com/westcraven.barnoldswick)

West Craven High School

Library Days



Monday Years 10 & 11



Tuesday Years 7, 8 & 9



Wednesday Years 7, 8 & 9



Thursday Years 7, 8 & 9



Friday Years 10 & 11



#ASPIRE



Happy Reading!

Be Ready, Be Safe, Be Respectful

OUT OF SCHOOL ACHIEVEMENT



Mazey-Grace Strikes Gold in Taekwondo Success!

A huge congratulations to Year 7 student Mazey-Grace, who continues to excel in Taekwondo outside of school. Recently achieving her Black Belt 1st Dan, Mazey-Grace reached another impressive milestone this weekend when she competed in a Taekwondo competition and earned silver in patterns and gold in sparring. This fantastic achievement is a testament to her dedication, discipline and hard work. Well done, Mazey-Grace, on representing yourself so brilliantly and inspiring others with your success!

If you would like to share your child's out of school achievements, please contact **jevetts@pendleeducationtrust.co.uk**



Introducing Neu Way Support

Support for families of children and young people with neurodevelopmental needs

From 6 July, families across Lancashire and South Cumbria will be able to access Neu Way Support, a new service for families of children and young people aged 0–25 who may have autism, ADHD or other neurodevelopmental differences. The service is available based on need, which means you do not need a diagnosis to get support.

How can Neu Way Support help?

Neu Way Support can provide:

- Advice and guidance
- Information about local services and support
- Help to understand what support may be available for your child or young person
- Practical resources and tools
- Support to identify next steps and develop a personalised plan
- Signposting to community, education, health and voluntary sector services

Every family is different, so support will be tailored to your individual needs.

Who is the service for?

Neu Way Support is available for families of children and young people aged 0–25 who:

- Have concerns about autism, ADHD or other neurodevelopmental differences
- Are waiting for an assessment
- Have recently received a diagnosis
- Would benefit from information, advice or support to help navigate services

You do not need a diagnosis or to be on a waiting list to access support

How do I access the service?

Families can refer themselves directly or ask a professional to help them access support.

www.springnorth.org.uk/projects/neu-way-support
0300 365 5030

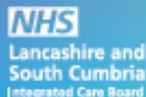
Building support for the future

Neu Way Support is part of a wider programme to improve support for children and young people with neurodevelopmental needs across Lancashire and South Cumbria. The service is being introduced in phases, with plans to continue developing and strengthening support for families over time.



Neu Way Support

Early support for children, young people and families



As a parent or carer, you know your child better than anyone. If you've noticed changes in how they communicate, learn, interact or experience the world, it's natural to have questions. You may be wondering what those differences mean, where to seek advice or how to find the right support.

Neu Way Support is a service that recognises that every family's journey is unique. For many, the path to understanding their child's needs can feel overwhelming, with long waiting times, a lot of information to navigate and uncertainty about what to do next.

You don't need a diagnosis to access the service. Whether you're at the beginning of your journey, awaiting an assessment, have recently received a diagnosis, or simply need someone to talk things through with, we're here to help.

Our aim is to ensure every family can access trusted advice, practical support and local connections at the earliest opportunity, helping you feel informed, supported and confident about the next steps.

You can access Neu Way Support whether you're:

- Just starting to have questions?
- Waiting for an assessment?
- Recently received a diagnosis?
- Looking for practical advice?

Every family's journey is different, but you don't have to navigate it alone. Scan the QR code to find out more



Call us free on 0300 365 5030



DATES FOR YOUR DIARY

Thursday 17th September – Y7 Tutor evening

Monday 21st September – Y11 NCC College support sessions

Thursday 24th September – Y11 Power to perform/ Intervention

Monday 28th September – Y11 NCC College support sessions

Thursday 1st October – Open Evening

Monday 5th October – Y11 NCC College support sessions

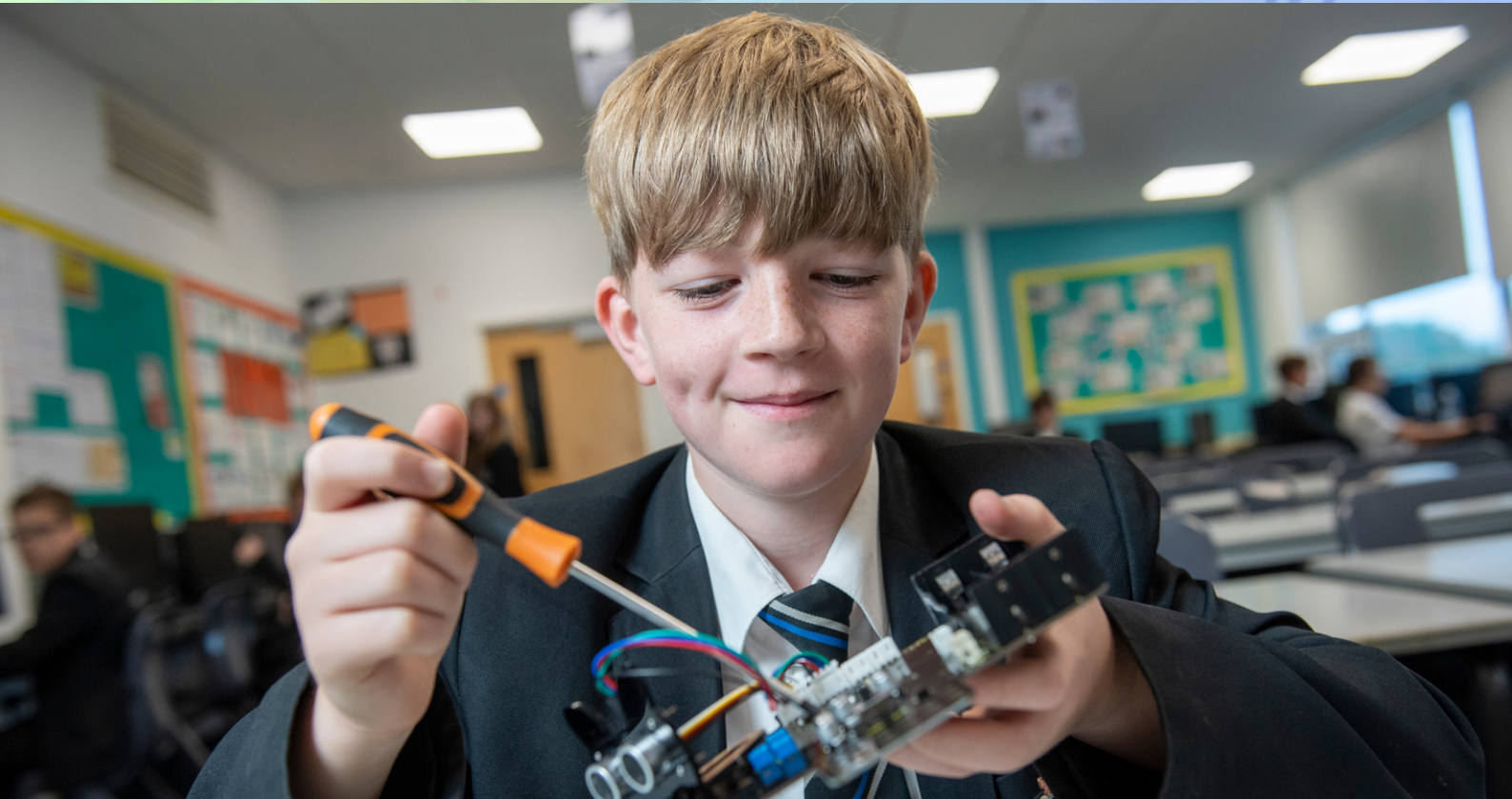
Wednesday 7th October – Y11 Geography Fieldwork Day one – Coasts

Monday 12th October – Altru Drama Stem

Monday 19th October – NCC Lunchtime drop in

Friday 23rd October – End of half term

Monday 9th November – School Reopens



OUR COMMUNITY

Community Advertisements

In this section of our newsletter, we share posters for local events, activities, and charities.

If you would like us to advertise a community event or club, please email **jvetts@pendleeducationtrust.co.uk**.

Please note that West Craven High School is not affiliated with these organisations and cannot endorse the events, promotions, or clubs. We will only feature events that we consider appropriate for our school community.

**We are
Community**

Stay connected, follow us on Facebook and Instagram

A very warm welcome to all our new Year 7 families!
We are thrilled to have you join the West Craven High School community. To stay updated on school news, student achievements, important events, and reminders, we encourage all parents and carers to follow our official Facebook and Instagram pages.



West Craven High School



WestCraven.Barnoldswick



www.westcraven.co.uk



[westcravenhighschool](https://www.facebook.com/westcravenhighschool)



[westcraven.barnoldswick](https://www.instagram.com/westcraven.barnoldswick)

East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
'Attend Anywhere'**

Delivered by CYPMH East
tinyurl.com/ELCAS-LSCFT



Enter the word "CYPMH East" as the first name and "drop in" as the second name followed by your date of birth.
You will then enter our virtual waiting area where we will collect you.

Wednesday 2nd September 2026

1pm – 3pm

Wednesday 9th September 2026

3pm – 5pm

Wednesday 16th September 2026

5pm – 7pm

Wednesday 23rd September 2026

1pm – 3pm

10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE



Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS



Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS



Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY



When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS



Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES



If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE



Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS



Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES



It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION



It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday®

The National College®