



## Physical Education – Safety Policy

Safety policy towards good practice in Physical Education (PE), recommends that students taking part in certain physical activities should be made aware of the safety issues that could possibly arise:

- All students taking part in soccer or hockey should wear shin pads at all times.
- To be made aware of the benefits of the use of a gum shield in rugby and hockey.
- Students with long hair must tie back their hair during all PE lessons.
- No jewellery should be worn whilst involved in physical activities, especially piercings.
- Aerosols, i.e., deodorants and fragranced sprays are strictly prohibited. Roll-ons are permitted.

With regards to transport to and from sporting fixtures, transport will be provided by the school minibus. All students are required to wear a seat belt at all times and are transported to and from the school only. It is the responsibility of parents to ensure they reach home safely from school.

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2023-2026