



YEAR 8 LEARNING JOURNEY INFORMATION

PSHE

How can we build a fair and respectful society?



Autumn Term 1

We will learn about equality, diversity and inclusion in modern Britain. We will explore protected characteristics, democracy, British Values and the importance of challenging prejudice, discrimination and racism.

How can I recognise and avoid exploitation?



Autumn Term 2

We will learn how exploitation can affect young people both online and offline. We will explore grooming, county lines, criminal and sexual exploitation, coercion and unhealthy power dynamics, while understanding how to seek support safely.

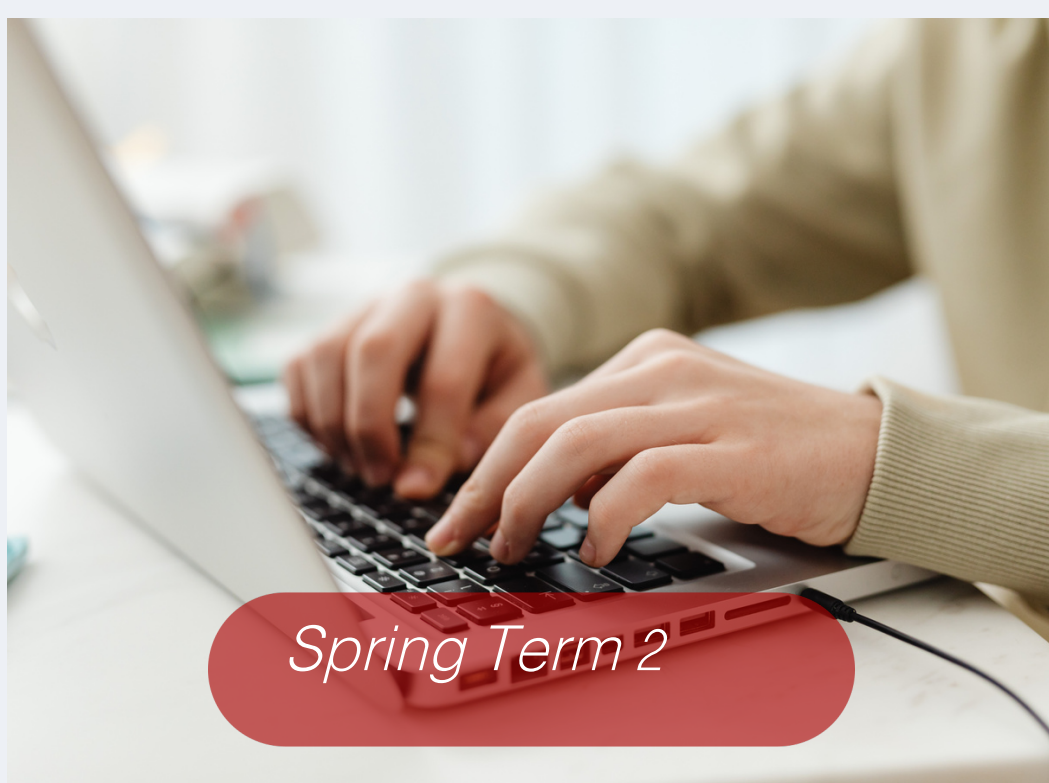
How can I look after my mental health?



Spring Term 1

We will learn about emotional wellbeing and mental health. We will explore stress, coping strategies, loneliness, belonging and ways to build resilience while recognising when and how to access support.

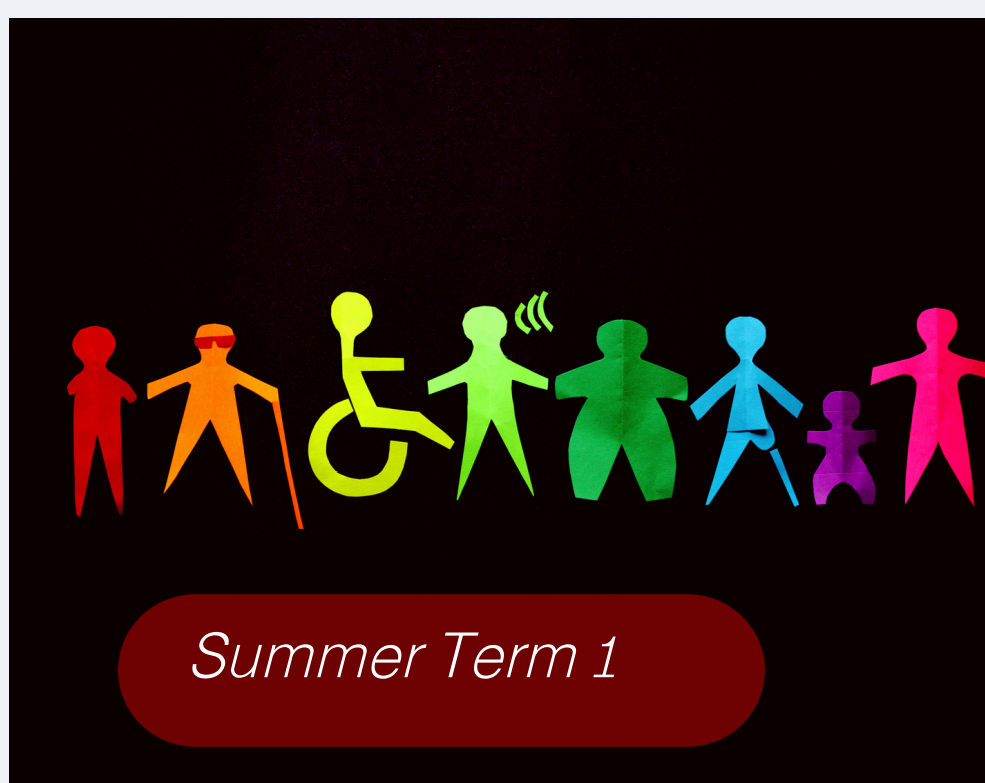
How can I tell fact from fiction online?



Spring Term 2

We will learn how to evaluate information critically in the digital age. We will explore misinformation, disinformation, deepfakes, online influence, targeted advertising and harmful content, helping us become informed and responsible digital citizens.

Who am I and how should I treat others?



Summer Term 1

We will learn about identity, belonging and respecting difference. We will explore topics including sexual orientation, gender identity, allyship and inclusion while developing an understanding of equality in relationships and society.

What could my future look like?



Summer Term 2

We will learn about our strengths, interests and ambitions for the future. We will explore careers, apprenticeships, further education and workplace skills, helping us understand the opportunities available to us beyond school.