



YEAR 11 LEARNING JOURNEY INFORMATION

PSHE

How can I prepare for life after Year 11?



We will learn about the pathways available after secondary school, including sixth forms, colleges, apprenticeships and employment. We will explore applications, study skills and future planning, helping us make informed decisions about the next stage of our education and careers.

How can I look after my wellbeing during times of pressure?



We will learn how to maintain positive wellbeing during periods of challenge and change. We will explore exam stress, resilience, time management and support networks, developing strategies to manage pressure successfully

How can I make safe and responsible choices as I become more independent?



We will learn about personal safety and the consequences of risky behaviours. We will explore illegal drugs, addiction, county lines and decision-making, helping us navigate increasing independence responsibly.

What rights and responsibilities do I have as an adult citizen?



We will learn about the legal system, human rights, democracy and active citizenship. We will explore equality, discrimination and participation in society, helping us understand the rights and responsibilities that come with adulthood.

How can I look after my health, relationships and future?



We will learn about the legal system, human rights, democracy and active citizenship. We will explore equality, discrimination and participation in society, helping us understand the rights and responsibilities that come with adulthood.

GCSE EXAMINATIONS